



# Early Years Advisor

Danville Child Development Center

WE DO MORE THAN CHILD CARE

[www.danvillecdc.org](http://www.danvillecdc.org)

APRIL 2015

## REMINDERS:

Summer SACK  
Registration is Open

SACK Open House  
May 21st 4:30-  
6:00pm

DCDC will be closed  
Monday May 25th  
and Friday July 3rd.

## INSIDE THIS ISSUE:

Cover story 2  
cont'd

Staffing 2  
Scoop

DCDC 3  
Happenings

Fundraising & 4  
Development

Thank You 4

Parent 4  
Information

Thank You 5  
cont'd

## A Note from the Executive Director

### Governor Proposes Investments in Early Childhood Funding

Last month, Governor Wolfe proposed his first Commonwealth budget for 2015-2016. The Governor's proposal to invest an additional \$120 million in early learning through these programs will significantly increase the number of children with access to high-quality pre-k. Gov. Wolf's proposed budget for fiscal 2015-16 calls for:

- Increasing funding for Pennsylvania Pre-K Counts by \$100 million, which will nearly double the commonwealth's current annual investment of \$97.3 million.

- A \$20 million increase in state funding for Head Start Supplemental Assistance Program, which would bring total funding to \$59 million.

- Investing nearly \$36 million in available federal funding to increase the availability of high-quality child care programs.

- Creating a subsidy add-on for high quality infant & toddler child care providers (\$2 million).

- Proposing use of Federal CCDBG/TANF funds to remove 3,600 children off the child care waiting lists

(\$17.8 million)

- Proposing level funding for Early Intervention Birth to Three from last year.

- Increasing tiered reimbursement for STAR 3 & 4 child care providers (\$11.4 million).

We are excited to see such investments proposed in early childhood funding to expand access to children and families throughout the Commonwealth! We wholeheartedly agree that investments in young children are investments in our future!



## Talking With Kids: Preschoolers Ages 2-5

### How They Communicate

**Between ages two and three, many preschoolers begin to use more complicated sentences.** However, this does not mean that they understand all of an adult's words or abstract concepts. In fact, preschoolers are often very literal thinkers and interpret ideas concretely. Many are only beginning to think logically and understand sequences of events.

**Preschoolers learn that they can use specific words to say what they mean.** They have long known their parents' words have power over their lives and they are beginning to realize that their own words can make a difference as well. They create more powerful meanings using their growing vocabulary.

**"No" and "Why" become common words for young preschoolers.** Saying "No" is a way a preschooler claims her space. Saying "Why" is a wish to understand the world around her.

"Why" is also a word preschoolers use to question authority. Underneath the question, they are saying "Why do you have power over me when I want to feel autonomous?"

**Preschoolers like to participate in decisions.** This gives them a feeling of control and independence. A preschooler might think, "I can take a different position from my mother — and I like it." Or, "By saying what I want, I am a big kid."

**Preschoolers love to imitate other people's words.** They often mimic comments, phrases and sophisticated statements. At times they misuse or exaggerate phrases, particularly during pretend play. A preschooler might say to a doll, "You are so bad you are going to jail for 100 years!"

**Preschoolers like to hear about and describe the same event over and over.** By telling and listening to stories, preschoolers begin to form opinions about the world and how they fit into it. They say "tell me again," because hearing

a story many times makes them feel safe and secure. When the story is repeated, it also allows them to imagine new scenarios.

**Preschoolers like to make up their own explanations.** This helps them make sense of things they are only beginning to understand. For example, a preschooler might explain her sadness about winter being over by saying, "When the snow melts, the winter is crying." Preschoolers may also embellish stories with wishful thinking.

**Between three and five, preschoolers refine their understanding of cause and effect.** Older preschoolers can understand simple explanations of cause and effect such as "The medicine will help you get well" and "If you eat healthy food, you will grow big and strong."

**Preschoolers also talk through their bodies, their play and their art.** In fact, verbal communication still may not be the dominant way many preschoolers

## Preschoolers Need to Say "No"

"For a preschooler sometimes 'no' is not meant to start a power struggle, it's simply an expression of self. 'NO let me do it alone. No, I do it.' It's important to remember that your child may simply be doing his job growing up, and saying 'yes' to himself, rather than 'no' to you."

**Susanna Neumann, Ph.D.**

Child Psychoanalyst

(Continued from page 1)  
either understand the world or express themselves.

### How You Communicate

**Give your preschooler your full attention.** Even a quick but focused connection may fill your child's need for communication. If she says "Play with me," and you are not available, you might explain why or say, "I had a hard day at work today. I need three minutes to change. Then I can play with you." Preschoolers can understand your feelings — to a point — and will appreciate your honesty.

**Be aware of your tone.** Because preschoolers are new to sentence-making themselves, they may have a heightened awareness of your tone and body language.

**Reflect your child's unspoken emotions.** This helps put your child's feelings into words. If she didn't get a turn at the playground, you might say, "You wanted to play with the ball next, didn't you?" or "Boy are you mad!"

**Enlist your preschooler's help in figuring out a problem.** For example, you might say, "Did something in that movie scare you?" If your child doesn't answer, you might follow up by saying, "Could it have been the look on that character's face?"

**Help your preschooler develop emotional awareness.** Even if there is misbehavior — you can talk about it together. Most preschoolers can understand a sentence like "Sometimes, I get mad too. It helps me to go into another room and take some deep breaths."

**Offer limited choices.** Preschoolers gain a sense of control by making their own decisions. You might say, "Do you want to get dressed before or after breakfast today?"

**Don't end your sentence with "OK?" unless you are ready for your child to say "No."** Asking your child if an activity is OK can lead to a lengthy discussion and even a power struggle.

**Grant a preschooler's wish in fantasy.** If your child expresses sadness that a toy has to be shared,

you might say, "Would you like it if you had the toy all to yourself? What would you do with it?" By expressing a wish and talking it through, even if it can't be granted, a child begins to calm down.

**Create safe opportunities for preschoolers to express their BIG feelings.** For example, if your child is extremely angry, instead of saying, "Stop yelling," you might say, "Go in the bathroom and scream as loud as you can for one minute."

**Don't over-explain.** Simple explanations may be more effective than long discussions. If your preschooler is having a tantrum, holding her close — or just staying nearby — may mean more than any words you can say.

For more information visit <http://www.pbs.org/parents/parenting/>



## Staffing Scoop

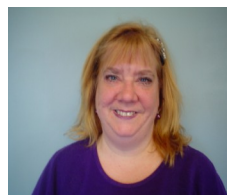


Hi, my name is Lisa Graeff. I have a long history with DCDC starting in 1989 when my older son was a student here. I was so impressed with the staff and curriculum that I became a substitute. Later, I became the Huggy Bear Teacher from 2006 to 2008.

This year DCDC warmly welcomes me back as a full time substitute giving me the opportunity to do what I love most, working with children.

When I am not at DCDC, I enjoy cooking, music, reading and especially spending time with my grandbabies.

I am looking forward to getting to know all my new friends here!



My name is Melissa "Missy" Hampton. I have been working in child care for the last 16 years, as of 2015. I am proud

and honored to be accepted into the DCDC family. I love working with children and will do my very best to protect and take care of your children.

I live in Numidia with my fiancé Karl and son Zach. We love popping popcorn and enjoying a good movie. On weekends, we love spending time with friends, going out to dinner, shopping, and just hanging out. Oh, I can't forget my cat Bootsie Marie, she is the baby I take care of at home!!!

## ~Early Intervention

### Summer Safety Tips for Children

As the days get warmer and longer, help children stay safe by following these simple tips. Prepare and take a first aid kit wherever you go. Always include medication children need and emergency contact information. Regularly replenish Band-Aids and other materials for cuts and scrapes. Schedule outdoor play time to avoid the sun's peak hours, which are generally between 10 a.m. and 4 p.m. Make sure children have access to shade and plenty of drinking water when outside. Use broad-spectrum sunscreen with SPF 30. Apply to children's exposed skin at least 15 minutes before heading outside,

even on cloudy days. Reapply every 2 hours and after children get wet. Apply insect repellent if children spend time near areas with biting insects. Read and follow instructions carefully. Do not use repellent with more than 30 percent DEET. Supervise children at all times during water play. Create guidelines



with children and enforce them during play, such as no running near water or splashing other children.

For more information: "Summer Safety Tips," by the American Academy of Pediatrics. 2012. [www.healthychildren.org/English/news/Pages/Summer-Safety-Tips-Staying-SafeOutdoors.aspx](http://www.healthychildren.org/English/news/Pages/Summer-Safety-Tips-Staying-SafeOutdoors.aspx). Healthy Young Children: A Manual for Programs, 5th ed. 2012. Edited by Susan S. Aronson. [www.naeyc.org/store/HealthyYoung-Children-5th-Ed](http://www.naeyc.org/store/HealthyYoung-Children-5th-Ed). "Sun Safety," by Sue Mankiw, Teaching Young Children 4 (5): 22-25. [www.naeyc.org/tyc/files/tyc/files/V4N5/Sun\\_safety.pdf](http://www.naeyc.org/tyc/files/tyc/files/V4N5/Sun_safety.pdf).

## ~Child Care Information Services

New Income Guidelines begin 5/4/15  
**Income Guidelines**

**\$2,655/month (\$31,860/year) - family of 2**  
**\$3,348/month (\$40,180/year) - family of 3**  
**\$4,042/month (\$48,500/year) - family of 4**  
**\$4,735/month (\$56,820/year) - family of 5**  
**\$5,428/month (\$65,140/year) - family of 6**  
**(Higher for larger families)**

Please call Child Care Information Services of Columbia, Montour and Northumberland Counties at 1-866-698-2247 if you feel you may qualify.

## ~Early Years Learning Academy

**DCDC is now enrolling for this coming Fall! Share the news with other families in need of care and earn a WEEKS FREE TUTION!**

### Parent Referrals

Word of mouth is one of the most effective methods of advertising. Many families have come to us through a parent referral, or have referred our program to other families. We would like to reward those families that continue to share their satisfaction of our program with others.

How it works: existing enrolled families that refer a new family who maintains enrollment for a period of three months will receive one week's tuition. The tuition credit will be based upon the highest tuition rate and be applicable for only one child.

Should you have any questions, please contact the center. We hope that you will continue to share your great experiences with our program with others!

## ~Advocates for Children

### Key Learning Area: Social and Emotional Development

**INFANT:** Point out the difference in size between your child's features and body parts and yours or other children. Talk about the differences, for example, "Your nose is tiny now, but when you grow up it will be big like mine." Using child-safe finger paint, make impressions of your child's fingers and toes.

**TODDLER:** Using pictures of family members, friends, or dolls of different ages, point out which are the youngest, and talk about how they will be bigger when they get older.

**PRE-KINDERGARTEN:** Gather photos of your child over time and ask your child to put the photos in order of youngest to oldest to tell his/her story. "When I was a baby, I looked like this." If you don't have photos, ask your child to draw pictures of himself/ herself as a baby, toddler, etc.

WE DO  
MORE  
THAN  
CHILD  
CARE

### Parent Reminders

#### Please Call the center if: (ext. "0")

- child will be absent, please call by 9:00 a.m. (We need to know how long your child will be absent and whether or not she/he has a communicable disease.)
- alternate pickup person
- changes to home or work address/phone numbers
- change in emergency procedure or emergency contact person
- you will be late to pick up

**Cubbies and Mailboxes-** Check your child's cubby and mailbox daily for notices, art work, and dirty and/or wet clothes



Check out  
our Updated  
Website!

[www.danvillecdc.org](http://www.danvillecdc.org)

## ~Fundraising & Development

Looking for a place to have your next birthday party! Our Bloom Rd site is available for rent. For more information contact Jen Hodish at 570-284-4955 x100 or [jhodish@danvillecdc.org](mailto:jhodish@danvillecdc.org)



## Thank You

DCDC is always appreciative of all the donations we receive to help support our program and special activities.

**"Building Our Future" Campaign:**  
Kathleen Mulligan

First Community Foundation Partnership & DCDC's "Raise the Region" donors see full list on Page 5.

**Scholarship Fund:**  
FNB Bank

**Operating Fund:**  
Amazon Smile  
Renee Beisswanger  
Nancy Weigle - in honor of  
Carter Mead

**"PA One Book" Sponsors:**  
330 copies of the PA One Book, Number One Sam, by Greg Pizzoli, were purchased and distributed to

certified child care providers in Columbia and Montour county during the Week of the Young in April, thanks to the following organizations and individuals:

Danville Kiwanis  
Danville Moose  
Danville American Legion  
Berwick Elks  
Catawissa Lions  
Elaine Pongratz/Michael

DeMarco  
Janis Bartholomew  
Mark & Ursula Kessler  
Joanne Blass  
Thomas and Marie Modesto

**Celebrity Waiter:**  
See full list on page 5



Openings Available To

Book your  
Party or  
Event

At Our  
Bloom Rd Site

- Tables and chairs available
- Seat up to 100 guests
- Plenty of room for party games
- Site available for 2, 4, or 6 hours

Parties/ Events will be held at 2719 Bloom Rd next to the SPCA.

All proceeds to benefit DCDC's Capital Campaign Fund

Danville Child Development Center  
Contact :  
Jen Hodish

Phone: 570-284-4955 ext. 100

Fax: 570-275-3953

E-mail: [jhodish@danvillecdc.org](mailto:jhodish@danvillecdc.org)



## Parent Information

### Listen, Talk, Answer—Support Your Child's Learning

Most children come home every day with stories to share. Do you stop what you are doing and listen carefully? Your child probably asks a lot of questions. Do you try to answer them? If you do, then you already know the benefits of giving your child time and attention. Teachers call these daily conversations powerful interactions. They help adults and children keep in touch and enjoy being together. These interactions also support children's learning. Here are some communication tips and examples of the types of things to say.

### Acknowledge and accept all of your child's emotions.

This helps your child feel safe and secure and willing to share all kinds of feelings. "Are you

feeling happy? I see a big smile on your face." "You look a little sad. Is there something you want to talk about?"

### Describe what you see your child doing rather than just saying, "Good job."

He will know that you see and appreciate his efforts. "Wow, you've added lots of squiggly lines and circles to your drawing."

### Help your child make connections to familiar experiences, ideas, or information.

"I know you like pineapple. Today we're having papaya for breakfast. I think you'll like it as much as pineapple. Let's see what you think."

### Offer a small challenge to nudge your child to try something new or a bit harder.

"You ran so fast to the fence! This time, can you think of a really slow way to get there?"

### Repeat and extend what your child says to you.

As your child looks through a book and says, "I like lizards," you might say, "I know you like lizards. What do you like about them?"

### Use interesting words to build your child's vocabulary.

"I think this ice cream is delicious. I love the creamy texture and swirls of caramel."

Source: Adapted from A. Dombro, J. Jablon, & C. Stetson, 2010, "Powerful Interactions Begin with You", Teaching Young Children 4 (1): 12-13. Copyright © 2010 A. Dombro, J. Jablon, & C. Stetson. - See more at: <http://families.naeyc.org/child-development/listen-talk-answer-support-your-childs-learning#sthash.tvFnGdYx.dpuf>



## 2015 Raise the Region Donors

Lenaire Ahlum  
Mark Amarose  
Kathleen Baas  
Diane Barber  
Shirley Bastian  
Renee Beisswanger  
Steve and Trish Bevans  
Angela Blake  
Terry Blass  
William Boudeman  
David Brokus  
Beth Burke  
Laura Campbell  
Bryan Campbell  
Janet H Cholin  
Norm Verbeck & Diana Dixon  
Jeffrey Emanuel  
Heather Ervin  
Angela & Matthew Fasold  
Erin Fitzgerald

Jonathan Gray  
Cathy Hartzell  
Jen, Joe & Brek Hodish  
Janet Hoffman  
Deb Jennis  
Sharif Khan  
Robert Lunger  
Lori, Mike & Pierce McDonnell  
Edelyn Miller  
Jim Minniti  
Dr. Kathleen Mulligan  
Beth Nevius  
Melissa Rake  
Ruthann Reilly  
Kevin and Sarah Romansik  
Robert & Katherine Rose  
Launie Ryer  
Shahla Sahibzada  
Jennifer Stahlnecker  
Natalie Stinton  
Xiaowei Yan

---

## 2015 Celebrity Waiter Sponsors

### High Roller Sponsor

M&T Bank

### Roulette Sponsors

FNB Bank  
Geisinger Health System

### Blackjack Sponsors

Better Business Solutions  
Carriage Manor Builders  
Martin Rogers Engineering Consultants  
Service 1<sup>st</sup> Federal Credit Union

### Baccarat Sponsors

Bayada Home Health Care  
Giant Foods  
Herring, Roll & Solomon, PC  
Metso Minerals  
Marks, McLaughlin & Dennehy  
Valic

### Slots Sponsors

Animal Care Center  
Cholin Corp  
DACC  
Jack Metzger Inc

Keystone Payroll  
Leighow Oil  
Liberty Valley Homes  
Sheetz 100

### Casino Sponsors

NM Photography  
Pine Barn Inn  
SECV  
Voelcker's Beverage

### Celebrity Waiter Donors

Dr. David & Valerie Andreychick  
Janis Bartholomew  
John D. Klingerman  
LeFevre Wilk Architects  
Jack Metzger  
Dr. Kathleen Mulligan  
Bob & Becky Stout  
Playworld Systems

### Auction Item Donors

Denise Cressman  
Glen Klein  
Old Forge Brewery  
Drumming Academy  
Bloomsburg University Athletics  
DCDC Board of Directors